

Hometown Heroes 5K Run  
 The Crossings of Colonie  
 Saturday, June 14, 2008 9:00 A.M.

The New York National Guard Family Readiness Council, Inc.  
 www.NYFRC-INC.org

Finish Line, Timing & Results by "Race with Us" [racewithus@mindspring.com](mailto:racewithus@mindspring.com)

Place	Div/Tot	Name	Ag	S	City/town	St	Time	Pace
=====	=====	=====	==	=	=====	==	=====	=====
1	1/8	Christopher Manico	18	M	Watervliet	NY	16:45	5:24
2	1/24	Rich Cummings	40	M	Schenectady	NY	17:41	5:42
3	1/15	Jonathan Peck	29	M	Scotia	NY	19:07	6:09
4	1/10	Brendan F Barry	33	M	Scotia	NY	19:08	6:10
5	1/15	Rob Picotte	54	M	Slingerlands	NY	19:58	6:26
6	2/24	John Sestito	44	M	Johnsonville	NY	20:01	6:27
7	1/14	Emma Risler	16	F	Loudonville	NY	20:18	6:32
8	2/8	Christopher Herbs	15	M	Rexford	NY	20:41	6:40
9	2/14	Zosia Dunn	16	F	Loudonville	NY	20:49	6:42
10	3/24	Julius Pasquarillo	47	M	Schenectady	NY	21:00	6:46
11	2/10	Brian C Saad	31	M	Port Orange	FL	21:36	6:57
12	2/15	Peter Butryn	50	M	Schenectady	NY	21:43	7:00
13	3/10	Matt Starr	30	M	Gansevoort	NY	21:53	7:03
14	4/10	Mat Nark	34	M	Mechanicville	NY	22:07	7:07
15	3/15	John Haley	53	M	Albany	NY	22:09	7:08
16	1/35	James Lettko	44	F	Malta	NY	22:11	7:09
17	4/24	Patrick Center	47	M	Ballston Spa	NY	22:15	7:10
18	1/21	Holly Rousseau	25	F	Albany	NY	22:17	7:11
19	5/24	Michael Ritz	44	M	Albany	NY	22:32	7:15
20	3/8	Brian Machina	13	M	Rexford	NY	22:43	7:19
21	1/25	Carrie Trimarchi	31	F	Albany	NY	23:14	7:29
22	1/6	Howard Jones	65	M	Clifton Park	NY	23:19	7:31
23	2/15	Daren Myers	21	M	Cohoes	NY	23:35	7:36
24	3/15	Aaron D Kennedy	20	M	Loudonville	NY	23:37	7:36
25	2/25	Karen Schonewolf	37	F	Clifton Park	NY	23:41	7:38
26	4/15	Fred Gilmore, Jr.	52	M	Nassau	NY	24:16	7:49
27	2/21	Marcy McGrath	29	F	Albany	NY	24:18	7:49
28	4/15	Arthur Van Ness	25	M	Galway	NY	24:33	7:54
29	6/24	Mike Swezey	49	M	Cohoes	NY	24:42	7:57
30	5/15	Peter Palamaki	23	M	Troy	NY	24:54	8:01
31	2/6	Charles Trimarchi	62	M	Albany	NY	25:01	8:03
32	7/24	Terry Potter	45	M	Fort Edward	NY	25:09	8:06
33	2/35	Lauren Herbs	45	F	Rexford	NY	25:21	8:10
34	4/8	Julia McCane	16	M	Cohoes	NY	25:24	8:11
35	8/24	Donald Bowman	44	M	Niverville	NY	25:31	8:13
36	3/21	Brooke Leavitt	27	F	E. Greenbush	NY	25:32	8:13
37	3/14	Kaylee Steck	15	F	Loudonville	NY	25:35	8:14
38	5/15	Walter Borisenok	52	M	Watervliet	NY	25:36	8:15
39	6/15	John Molesky	26	M	Albany	NY	25:43	8:17

40	3/25	Adina Taluto	39	F	Saratoga Spgs	NY	25:43	8:17
41		Bridget Seebald		F	Latham	NY	25:50	8:19
42	9/24	Derrick Sumereau	46	M	Albany	NY	26:03	8:24
43	5/10	Pedro Negron	38	M	Saratoga Spring	NY	26:18	8:28
44	10/24	Lawrence Ostwald	45	M	Cohoes	NY	26:18	8:28
45	3/35	Beth Ostwald	45	F	Cohoes	NY	26:19	8:28
46	11/24	Jon Skelly	42	M	Burnt Hills	NY	26:35	8:34
47	7/15	Craig Cruden	21	M	Latham	NY	26:43	8:36
48	4/35	Ann Swezey	48	F	Cohoes	NY	26:46	8:37
49	6/15	James McIntosh	56	M	Chestortown	NY	26:55	8:40
50	1/8	Paula Martinez	51	F	Albany	NY	26:56	8:40
51	7/15	Michael Maguire	52	M	Ballston Lake	NY	26:56	8:41
52	6/10	Joseph Weidlich	38	M	Cobleskill	NY	27:01	8:42
53	7/10	Joseph Martel	39	M	Albany	NY	27:01	8:42
54	5/35	Marilia Sloma	45	F	Niskayuna	NY	27:06	8:44
55	12/24	Gary Machina	43	M	Rexford	NY	27:10	8:45
56	13/24	Eric Weber	47	M	Gansevoort	NY	27:12	8:46
57	8/15	Joseph Fitzsimmons	51	M	Latham	NY	27:14	8:46
58	4/14	Samantha Weber	19	F	Gansevoort	NY	27:21	8:49
59	5/8	Michael Obermyer	15	M	Ballston Spa	NY	27:23	8:49
60	4/21	Heidi Nark	27	F	Mechanicville	NY	27:25	8:50
61	14/24	Michael Weaver	48	M	Watervliet	NY	27:30	8:51
62	9/15	Kenny Hart	53	M	Colonie	NY	27:38	8:54
63	6/35	Chris Cooley	44	F	Poestenkill	NY	27:42	8:55
64	5/21	Claudia Flayter	27	F	Albany	NY	27:57	9:00
65	3/6	John Leavitt	61	M	E. Greenbush	NY	28:10	9:04
66	8/15	Joshua Schaul	27	M	Latham	NY	28:16	9:06
67	15/24	Michael Bresnahan	45	M	Saratoga Spring	NY	28:24	9:09
68	7/35	Penny Sheedy	49	F	Argyle	NY	28:30	9:11
69	8/10	Brian Shoemaker	36	M	Scotia	NY	28:34	9:12
70	16/24	Frank Wicks	45	M	W. Sand Lake	NY	28:38	9:13
71	8/35	Katy MacDonald	47	F	Albany	NY	29:01	9:21
72	9/15	Frank Bermingham	26	M	Schenectady	NY	29:05	9:22
73	4/25	Angela M Vasolakos	31	F	Albany	NY	29:06	9:22
74		Catherine A Soloyna		F	Wynantskill	NY	29:07	9:23
75	2/8	Susan L Klim	53	F	Altamont	NY	29:08	9:23
76	3/8	Debra Rappazzo	50	F	Cohoes	NY	29:10	9:24
77	5/14	Maria Livolsi	15	F	Troy	NY	29:14	9:25
78	17/24	Rodney Livolsi	41	M	Troy	NY	29:15	9:25
79	18/24	Steve Obermyer	46	M	Ballston Spa	NY	29:18	9:26
80	9/35	Jennifer Lammon	43	F	Latham	NY	29:46	9:35
81	6/14	Kathryn Lammon	15	F	Latham	NY	29:46	9:35
82	10/35	Lynn McCane	44	F	Cohoes	NY	29:50	9:37
83	5/25	Emily Moore	30	F	Ballston Lake	NY	29:54	9:38
84	6/25	Crystal Cicchino	30	F	East Greenbush	NY	29:54	9:38
85	7/25	Nina Floyd	37	F	Schenectady	NY	29:57	9:39
86	10/15	Dana Brewer	52	M	Mohawk	NY	29:59	9:39
87	8/25	Ashley Peacock	32	F	Loudonville	NY	30:26	9:48
88	19/24	Rob Briscoe	44	M	Scotia	NY	30:26	9:48
89	7/14	Erin Sausville	12	F	Ballston Spa	NY	30:30	9:49
90	11/35	Catherine Vitas	40	F	Latham	NY	30:35	9:51
91	4/8	Lynne Haley	53	F	Albany	NY	30:38	9:52

92	12/35	Isabel Smith	40	F	Goshen	NY	30:45	9:54
93	11/15	Patrick Murphy	50	M	Clifton Park	NY	30:47	9:55
94	6/21	Amanda Smania	28	F	Hudson Falls	NY	30:59	9:59
95	10/15	Xavier Vargas	24	M	Bronx	NY	31:06	10:01
96	8/14	Laura Hines	14	F	Latham	NY	31:07	10:01
97	9/25	Rana Paulsen	30	F	Altamont	NY	31:08	10:01
98	13/35	Gina Lippi	46	F	New Windsor	NY	31:15	10:04
99	7/21	Jen Schulkind	23	F	Clifton Park	NY	31:16	10:04
100	8/21	Jen Schulkind	23	F	Clifton Park	NY	31:17	10:04
101	11/15	Nicholas Suhr	28	M	Menands	NY	31:21	10:06
102	9/21	Katherine Moshier	28	F	Albany	NY	31:21	10:06
103	12/15	Peter McKee	55	M	Delmar	NY	31:22	10:06
104	10/21	Asheley Wicklon	25	F	Yonkers	NY	31:28	10:08
105	9/10	Jonathan Behrens	32	M	Watervliet	NY	31:30	10:09
106	5/8	Jean Goldsmith	50	F	Niskayuna	NY	31:57	10:17
107	14/35	Kari Akin	48	F	Johnsonville	NY	32:02	10:19
108	10/25	Cynthia Pucci	36	F	Voorheesville	NY	32:03	10:19
109	20/24	Oscar LaRosa	41	M	Ballston Spa	NY	32:03	10:19
110	11/25	Tammy Ostrowski	30	F	Troy	NY	32:03	10:19
111	12/25	Becky Beck	32	F	Waterford	NY	32:20	10:25
112	15/35	Karen Mills	48	F	Niskayuna	NY	33:04	10:39
113	12/15	Kevin Manion	28	M	Run	NY	33:05	10:39
114		Curt Williamson		M	Niskayuna	NY	33:08	10:40
115	13/25	Jolene R Weidlich	34	F	Cobleskill	NY	33:17	10:43
116	16/35	Donna Sausville	45	F	Ballston Spa	NY	33:18	10:44
117	17/35	Julie A Bevilqaqua	45	F	Albany	NY	33:20	10:44
118	21/24	Jack Bevilqaqua	46	M	Albany	NY	33:21	10:44
119	11/21	Katelyn Wood	23	F	Troy	NY	33:46	10:52
120	6/8	Pat Gillespie	54	F	Castleton	NY	33:50	10:54
121	12/21	Mary Pat Provost	29	F	Cohoes	NY	33:57	10:56
122	18/35	Patricia Carl	43	F	Loudonville	NY	34:06	10:59
123	14/25	Nancy Needham	36	F	Mechanicville	NY	34:35	11:08
124	15/25	Julie Rutledge	32	F	Albany	NY	34:47	11:12
125	9/14	Madilyn Sausville	10	F	Ballston Spa	NY	34:52	11:14
126	13/21	Rebecca Ross	26	F	Schenectady	NY	34:55	11:15
127		Stephanie Richter		F	Schenectady	NY	34:56	11:15
128		Paul Sausville		M	Ballston Spa	NY	35:00	11:16
129	22/24	Robert Olsen	45	M	Gloversville	NY	35:03	11:17
130	19/35	Susan Tousignant	47	F	Cohoes	NY	35:04	11:18
131	20/35	Malika Drexel	45	F	Delanson	NY	35:12	11:20
132	1/2	Jim Owens	72	M	Latham	NY	35:12	11:20
133	21/35	Kelley Bauer	43	F	Albany	NY	35:28	11:25
134	14/21	Brianne Blas Zack	28	F	Cohoes	NY	36:01	11:36
135	16/25	Lori Ross	39	F	Malta	NY	36:03	11:36
136	22/35	Domenica Scarcella	46	F	Albany	NY	36:29	11:45
137	17/25	Melissa Froland	30	F	Jersey City	NJ	36:33	11:46
138	15/21	Elizabeth Kozakiewi	22	F	Albany	NY	36:57	11:54
139	16/21	Erin Kleinhans	25	F	Schenectady	NY	37:30	12:04
140	18/25	Kimberly Bowman	39	F	Niverville	NY	37:57	12:13
141	23/24	John Andonie	41	M	Clifton Park	NY	38:05	12:16
142	23/35	Kathy Andonie	41	F	Clifton Park	NY	38:05	12:16
143	10/14	Michela Silver	15	F	Argyle	NY	38:29	12:24

144	24/35	Valerie Camper	46	F	Rensselaer	NY	38:51	12:31
145	6/8	Jake Wicks	15	M	W. Sand Lake	NY	38:55	12:32
146	25/35	Sally Lefever	42	F	Albany	NY	39:35	12:45
147	13/15	John Duffy	57	M	Bronx	NY	39:52	12:50
148	7/8	Jaidon Grimes	2	M	Bethelhem	NY	39:55	12:51
149	10/10	Ramirez Grimes	32	M	Bethelhem	NY	39:55	12:51
150	17/21	Chrisandra Symonds	24	F	Galway	NY	40:56	13:11
151	18/21	Sandra Van Pelt	28	F	Clifton Park	NY	40:57	13:11
152	26/35	Karen Page	46	F	Averill	NY	43:47	14:06
153	27/35	Beth Wicks	43	F	W. Sand Lake	NY	43:58	14:09
154	4/6	Joseph Taluto	60	M	Fort Ann	NY	44:01	14:10
155	14/15	Bob Van Pelt	59	M	Clifton Park	NY	44:01	14:10
156	1/2	Susan Phelps	61	F	Delmar	NY	44:16	14:15
157	19/25	Kellie Manss	35	F	Slingerlands	NY	44:31	14:20
158	19/21	Kriss Hicks	22	F	Galway	NY	44:31	14:20
159	28/35	Stephanie M Duell	47	F	Schenectady	NY	44:39	14:23
160	2/2	Marie Johnson	66	F	Averill Park	NY	44:44	14:24
161	5/6	Joe Johnson	66	M	Averill Park	NY	44:44	14:24
162	29/35	Ada Tabora	46	F	Glenmont	NY	48:04	15:28
163		Anyonietta Scarcell		F	Albany	NY	48:04	15:29
164	30/35	Janice Stewart	49	F	Schenectady	NY	48:21	15:34
165	31/35	Christine Mason	42	F	Niskayuna	NY	48:22	15:34
166	7/8	Pamela Fitzsimmons	50	F	Latham	NY	51:29	16:35
167	20/21	Pat Rissling	20	F	Latham	NY	51:29	16:35
168	20/25	Deb Pettit	36	F	Niskayuna	NY	52:38	16:57
169	24/24	Sean O'Brien	48	M	Schenectady	NY	52:40	16:57
170	11/14	Susan O'Brien	15	F	Schenectady	NY	52:40	16:57
171	21/25	Rachel Cahill	30	F	Schenectady	NY	52:59	17:04
172	12/14	Emily Barker	8	F	Gloversville	NY	54:36	17:35
173	15/15	D Marisa Finn	52	M	Voorheesville	NY	54:56	17:41
174	8/8	Gloria McIntosh	56	F	Chestortown	NY	54:56	17:41
175	8/8	Bryce Walker	6	M	Gloversville	NY	55:09	17:45
176	1/1	Joy Stewart	73	F	Schenectady	NY	55:36	17:54
177	13/15	George Walker III	29	M	Gloversville	NY	55:37	17:54
178	14/15	Eric Walker	28	M	Cohoes	NY	55:37	17:54
179	15/15	Scott Walker	27	M	Johnstown	NY	55:37	17:55
180	22/25	Tanya Roberts	33	F	Interlaken	NY	55:41	17:56
181	21/21	Katie Johnson	26	F	Vestal	NY	55:42	17:56
182	2/2	Donna Hirshorn	73	M	Niskayuna	NY	55:42	17:56
183	6/6	Brian Noonan	66	M	Albany	NY	55:50	17:59
184	23/25	Beth Heller	32	F	Schenectady	NY	55:51	17:59
185	32/35	Kelly Hilland	48	F	Slingerlands	NY	56:25	18:10
186	33/35	Kathleen O'Leary	48	F	Ballston Spa	NY	56:25	18:10
187		Shirley Hirshorn		F	Niskayuna	NY	57:30	18:31
188	34/35	Maria Gallerie	42	F	Averill Park	NY	57:55	18:39
189	13/14	Victoria Lee	7	F	Averill Park	NY	59:23	19:07
190	24/25	Shelly Aiken	39	F	Walden	NY	1:01:06	19:40
191	35/35	Dyette Putman	41	F	Schenectady	NY	1:01:06	19:40
192	14/14	Amanda Stewart	18	F	Latham	NY	1:02:38	20:10
193		Mary Stewart		F	Latham	NY	1:02:39	20:10
194	25/25	Mandy Spanton	31	F	Rock City Falls	NY	1:02:40	20:11

\*\*\*\*\* MALE OVERALL AWARD \*\*\*\*\*

1 Christopher Manico 18 Watervliet NY 16:45

\*\*\*\*\* FEMALE OVERALL AWARD \*\*\*\*\*

1 Emma Risler 16 Loudonville NY 20:18

MALE AGE GROUP: 1 - 19

1 9 Christopher Herbs 15 Rexford NY 20:41

FEMALE AGE GROUP: 1 - 19

1 10 Zosia Dunn 16 Loudonville NY 20:49

MALE AGE GROUP: 20 - 29

1 4 Jonathan Peck 29 Scotia NY 19:07

FEMALE AGE GROUP: 20 - 29

1 19 Holly Rousseau 25 Albany NY 22:17

MALE AGE GROUP: 30 - 39

1 5 Brendan F Barry 33 Scotia NY 19:08

FEMALE AGE GROUP: 30 - 39

1 22 Carrie Trimarchi 31 Albany NY 23:14

MALE AGE GROUP: 40 - 49

1 2 Rich Cummings 40 Schenectady NY 17:41

FEMALE AGE GROUP: 40 - 49

1 17 James Lettko 44 Malta NY 22:11

MALE AGE GROUP: 50 - 59

1 6 Rob Picotte 54 Slingerlands NY 19:58

FEMALE AGE GROUP: 50 - 59

1 51 Paula Martinez 51 Albany NY 26:56

MALE AGE GROUP: 60 - 69

1 23 Howard Jones 65 Clifton Park NY 23:19

FEMALE AGE GROUP: 60 - 69

1 157 Susan Phelps 61 Delmar NY 44:16

MALE AGE GROUP: 70 - 99

1 133 Jim Owens 72 Latham NY 35:12

FEMALE AGE GROUP: 70 - 99

1 177 Joy Stewart 73 Schenectady NY 55:36